

(Place Patient label here)

A Plus Chiropractic Care, PC  
Howard D. Fern, DC  
3048 E. Baseline Rd #130 Mesa, AZ 85204  
(480)-649-5868 (fax) (480) 649-5870  
www.APlusChiroCare.com



## CONFIDENTIAL PATIENT INFORMATION

The information requested below is strictly confidential. Please supply us with complete and accurate information. If you need assistance, please ask the front office staff.

**PLEASE PRINT!**

Last Name:	M.I.:	Birth Date: ____/____/____	Age ____
First Name:	Sex: Male Female		
Address:	Social Security # - -		
Apt. #	Marriage Status: Single Married Divorced Widowed		
City	Drivers License #	State	
State: Zip:	E-mail Address:		
Home Phone # ( )	Cell Phone # ( )		

### Employment Information

Employer	Occupation		
Address	Work Phone# ( )	Ext.	
City	Yrs. Employed		
State Zip	Status: Full time / Part time / Retired		

### Insurance Information

Are you seeking care due to an automobile accident?	<input type="checkbox"/> Yes	<input type="checkbox"/> No		
Are you seeking care due to an injury at work?	<input type="checkbox"/> Yes	<input type="checkbox"/> No		
Do you have health insurance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No		
<b>At this time, please bring Your Insurance Card to the front desk so a copy may be made for your file.</b>				
Insured Party?	<input type="checkbox"/> Self	<input type="checkbox"/> Spouse	<input type="checkbox"/> Parent	<input type="checkbox"/> Other _____
Primary Insured Name _____	Primary DOB: ____/____/____			
Primary Insured Address _____				
Primary Insured Place of Employment _____				

### Demographics

Which category best describes your race? (Check One)			
<input type="checkbox"/> White	<input type="checkbox"/> Black or African American	<input type="checkbox"/> Native Hawaiian/Other Pacific Islander	
<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian/Alaska Native	<input type="checkbox"/> I choose not to specify	
Do you consider yourself Hispanic or Latino? (Check One) <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I choose not to specify			
Preferred Language? <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other _____			

### Emergency Contact

Emergency Contact Name	Telephone # ( )
Relationship To You	

**Whom may we thank for referring you? Or How did you hear about us?**

\_\_\_\_\_

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List your reason(s) for this visit. Put in order of importance: "what hurts the most"	When did your problem start?	On a scale of 1 to 10, "1" being no pain/discomfort and "10" being severe pain/discomfort, circle the number that best reflects your condition(s): ↓ none . . . . .to . . . . .severe ↓	Circle that best represents how much time of your day you feel the pain/discomfort for the listed reason(s). ↓ Occasional.....to.....Constant ↓
1)		1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
2)		1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
3)		1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
4)		1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%

For each reason stated above, how did this problem begin?

Reason 1 \_\_\_\_\_

Reason 2 \_\_\_\_\_

Reason 3 \_\_\_\_\_

Reason 4 \_\_\_\_\_

For the reasons listed above, please **CIRCLE** the one(s) that best describes your current pain/symptom(s)

Reason 1: Sharp, Stabbing, Dull, Throbbing, Numbness, Burning, Aching, Shooting, Tingling, Gripping, Weakness, Other \_\_\_\_\_

Reason 2: Sharp, Stabbing, Dull, Throbbing, Numbness, Burning, Aching, Shooting, Tingling, Gripping, Weakness, Other \_\_\_\_\_

Reason 3: Sharp, Stabbing, Dull, Throbbing, Numbness, Burning, Aching, Shooting, Tingling, Gripping, Weakness, Other \_\_\_\_\_

Reason 4: Sharp, Stabbing, Dull, Throbbing, Numbness, Burning, Aching, Shooting, Tingling, Gripping, Weakness, Other \_\_\_\_\_

For each reason listed above, What makes it feel better?

\_\_\_\_\_

Place a "X" in the box that best describes whether your pain or symptom(s) limit normal activities							
Activity	Normal	Somewhat Limited	Severely Limited	Activity	Normal	Somewhat Limited	Severely Limited
Lifting				Running			
Bending				Sleeping			
Standing				Intercourse			
Walking				Computer Work			
Sitting				Normal work			
Climbing Stairs				Household activities			
Twisting				Recreational activities			

Primary Care Physician (PCP) Name \_\_\_\_\_ PCP Telephone #: ( ) -

Have you sought care from your PCP for this problem?  Yes  No

What previous treatment have you received for this condition(s)?  
 None Medicine Chiropractic Physical Therapy Massage Other \_\_\_\_\_

Have you sought care from anybody else?  Yes  No Who? \_\_\_\_\_

Have you had any tests for this problem?  
 X-Ray MRI CT Scan Bone Density Body Scan Blood Testing Other: \_\_\_\_\_

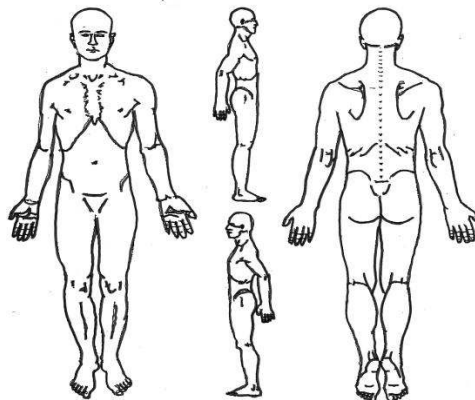
<b>CIRCLE: P = Past History, C = Current History, F = Family History to all that applies to your health history!</b>			
P C F Abdominal Pain	P C F Depression	P C F Kidney Disorders	P C F Pain in Upper Leg
P C F Angina	P C F Dizziness	P C F Kidney Stones	P C F Pain in Hip
P C F Anorexia	P C F Emphysema	P C F Liver Problems	P C F Painful Urination
P C F Aortic Aneurysm	P C F Endometriosis	P C F Gallbladder problems	P C F PMS
P C F Arthritis	P C F Epilepsy	P C F Ulcer	P C F Prostate Problems
P C F Blood Disorder	P C F Excessive Thirst	P C F Low Back Pain	P C F Rapid Heat Beat
P C F Breast Soreness	P C F Frequent Urination	P C F Mid back Pain	P C F Rheumatoid Arthritis
P C F Cancer	P C F General Fatigue	P C F Neck Pain	P C F Scoliosis
P C F Chest Pain	P C F Headache	P C F Pain in Foot	P C F Shoulder Pain
P C F Chronic Cough	P C F Heart Attack	P C F Pain in Ankle	P C F Stroke
P C F Colitis	P C F Hepatitis	P C F Pain Knee	P C F Tumor
P C F Constipation	P C F High Blood Pressure	P C F Pain in Lower Leg	P C F Loss of Bladder Control
P C F Convulsions	P C F HIV	P C F Pain in Arm	P C F Wrist Pain
P C F Diabetes I or II	P C F Jaw Pain	P C F Pain in Elbow	<b>Other:</b>

<b>Please list all of your allergies: (include medication, foods, materials etc.)</b>
<b>Height</b> _____ <b>Feet</b> _____ <b>Inches</b> <b>Weight</b> _____ <b>lbs</b>
<b>List all vitamins and supplements that you currently take?</b>
<b>List all current prescription (include dosage) and over the counter medication? (Let us copy your list)</b>
<b>List all operations, hospitalization and fractures (include dates) (Let us copy your list)</b>
<b>Do you smoke?</b> Yes No <input type="checkbox"/> Every day <input type="checkbox"/> Some Days <input type="checkbox"/> Former smoker <input type="checkbox"/> Never smoked
<b>Do you use tobacco?</b> Yes No <b>Do you want to quit?</b> Yes No
<b>Are you wearing?</b> <input type="checkbox"/> Custom Foot Orthotics <input type="checkbox"/> Shoe Lifts <input type="checkbox"/> Arch Support <input type="checkbox"/> Gel/heel insert
<b>Do You exercise?</b> Yes No <b>How Often?</b> _____ <b>Do you have pain when exercising?</b> Yes No
<b>Do You feel healthy?</b> Yes No <b>Do you want to learn how to obtain Optimal Health?</b> Yes No

***Pain Drawing***

On the drawings below, please indicate where you are experiencing pain by placing the abbreviations that most accurately reflect the type of discomfort that you have been experiencing, at the proper location(s).

- |               |                |               |              |
|---------------|----------------|---------------|--------------|
| A = Dull ache | B = Burning    | D = Dull pain | T = Tingling |
| N = Numbness  | P = Sharp pain | S = Stiffness | O = Other    |



**Consent to Treat**

The information I have given to this office is complete to the best of my knowledge. I hold harmless, release and indemnify this clinic, its principals and employees from any liability from injury or harm that my errors or omissions within this document may have caused me or my dependents. I authorize the doctors and staff of this clinic to administer an examination and treatment as they deem necessary. They have implied no guarantees of a cure.

**Patient's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Consent to Treat Minor Child:**

The information I have given this office pertaining to \_\_\_\_\_ is truthful and complete to the best of my knowledge. I authorize the doctors and staff to administer such procedures and treatment as they deem necessary to my child/ward in my legal custody. The doctors have implied no guarantee of cure.

**Parent or Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Relationship to Minor Child:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Permission to use photograph and/or testimonial, or article written by patient**

I consent to having my likeness and/or name reproduced for use, in a newsletter, testimonials or on the bulletin boards of this clinic. I agree that any original articles, writings, or recipes submitted can be used without compensation. I agree that for this purpose I waive the rights of privacy under the HIPAA laws.

**Patient signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Authorization to Pay Directly to Doctor**

TO \_\_\_\_\_  
(Name of attorney and/ or insurance company)

My signature at the end of this page will act as an endorsement for this authorization. In consideration of the chiropractic services rendered, I authorize and direct my insurance company and/or my attorney to pay Howard D. Fern, DC/ A Plus Chiropractic Care, PC of any sum I now or hereafter owe to A Plus Chiropractic Care. If my current policy prohibits direct payments to the doctor, then I hereby also instruct and direct you to make out the check to me and mail it as follows:

C/O A Plus Chiropractic Care  
745 N. Gilbert Rd Ste 124 PMB 266  
Gilbert, AZ 85234

**Assignments of Benefits**

I hereby authorize Howard D. Fern, DC/ A Plus Chiropractic Care, PC to furnish to the insurance company(s) listed on this form or to designated attorney, all information which said insurance company(s) or attorney may request. I hereby assign Howard D. Fern, DC/ A Plus Chiropractic Care, PC all money to which I am entitled for medical/chiropractic expenses related to the services rendered. It is understood that money received from the above named insurance company(s) over and above my indebtedness will be refunded to me when my bill is paid in full. I understand I am fully responsible to Howard D. Fern DC/A Plus Chiropractic Care, PC for charges not covered by this assignment. I further agree in the event of non-payment, to bear the cost of collection, and/or the court cost and reasonable legal fees should this be required. I understand that 14% annual interest fee will be added to any charges not paid after 120days. I fully understand that I am directly and fully responsible to Howard D. Fern/ A Plus Chiropractic Care, PC for all medical/chiropractic bills submitted by him for services rendered to me that this agreement is made solely for his additional protection and in consideration of his awaiting payment. And I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may eventually recover said fee.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_